

Palliative Care Chat - News & Updates

Brought to you by the University of Maryland, Baltimore
Online Master of Science and Graduate Certificates in Palliative Care

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Are you interested in earning your [Master of Science Degree or Graduate Certificate in Palliative Care?](#)

If the answer is **YES!**, then what are you waiting for?

[Apply Now!](#)

Our program is **100%** online!
Interested in learning more? Check out one of our
Virtual Open Houses.

All disciplines welcome! But don't wait - get your application in
before the **Jul. 15** deadline!

Please check out our website - graduate.umaryland.edu/palliative
Have a question? Send us an [e-mail](#) or call us at **410.706.7255**

What our Students are Saying!



In Module 3 of the course PALC 605, "Pain and Symptom Management," students evaluate a videotaped patient interview and apply the "Total Pain Assessment Tool." This tool aims to determine not only the physical causes of pain, but psychological, social and spiritual as well (per Dame Cicely Saunders). Dr. Andy Arwari, a hospitalist and

hospice/palliative medicine physician from Illinois, and a student in this course, made this observation in his Reflective Journal after completing this exercise (used with permission):

"I enjoyed doing the exercise of filling out the total pain assessment tool after watching the video this week. How cool, I thought that the social worker would ask all those questions. Would I ever get a chance to ask all these questions as an MD? Our consult form has a section for social issues, spiritual issues, and medical, legal issues and the detail we place as MDs is not nearly as extensive as that of the total pain tool. I was covering the Palliative Service over the weekend and thought why not ask more in-depth questions. Why not use the tool? I found myself asking questions which I had never asked before and was amazed at how much more I got out of the assessments. I think the patients were surprised by the questions that were being asked. Pain assessment becomes a more complex undertaking with the incorporation of the tool but at the same time a richer experience as there was a noticeable enhanced engagement from patients. As I left the Hospital on Sunday evening I thought, here again is yet another practical tool that this program has given me to improve patient care."

Would you like to learn more about the Online Master of Science and Graduate Certificate Program in Palliative Care?

Tune in to one of our Virtual Open Houses this spring:

- Wed, Jun. 5 at noon (ET) and 9 p.m. (ET)
- Tue, Jul. 9 at noon (ET) and 9 p.m. (ET)

Have a question? Send us an [e-mail](#) or call us at **410.706.7255**

Click [HERE](#) to register for a Virtual Open House.

Participants in the Virtual Open House will get a bag of goodies, including a fairly magical purple gel pen!

Palliative Care Chat Podcast

[Listen](#) to our latest podcasts!

I'd Like to Volunteer For That - Innovations In Volunteerism In Hospice And Palliative Care

Volunteers play an important role in hospice, and recruiting volunteers is an ongoing effort in hospice. This podcast shares an interesting approach to using student pharmacists as hospice volunteers, and masters students as volunteers in the inpatient palliative care department!



Listen, Like, and Share

Listen: <https://graduate.umaryland.edu/palliative/Palliative-Care-Chat-Podcast/>

Like: Like us on Facebook (@UMPallCareMS) or follow us on Twitter (@UMPallCareMS) to receive updates on new releases.

Share: Share with your colleagues.

Congratulations!

University System of Maryland Board of Regents Faculty Award Award for Teaching Excellence (Teacher of the Year), 2019

Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617) received the University System of Maryland Board of Regents Faculty Award for Teaching Excellence.

The University System of Maryland includes 12 colleges (including the University of Maryland Baltimore) and three regional centers.

Comments during the award ceremony included, "A gifted educator, McPherson also is a leader in creating, diffusing, and enhancing pain management and palliative care tools and resources, for both students and health care providers. Her insights have revolutionized teaching and reach well beyond the UMSOP and the university into the global arena. She teaches extensively in the Doctor of Pharmacy — or "PharmD" — curriculum on pain management and end-of-life care. She also developed one of the first palliative care pharmacy residencies in the nation and led efforts to develop pain management and palliative care traineeships for national professional organizations. In addition, McPherson developed and launched an online graduate program in palliative care that reaches a wide range of health care professionals, including physicians, nurses, therapists, chaplains, and others."



For more information, visit <https://www.umaryland.edu/news/archived-news/april-2019/newspressreleaseshottopics/usm-honors-faculty-members-hears-of-global-reach.php>.

Brag Book

We always saw we have the MOST amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published, and what they're doing.



Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617)

- **McPherson ML.** Medication interactions: When one plus one equals three! Pennsylvania Hospice and Palliative Care Network 39th Annual conference, Harrisburg, PA, May 2019.
- **McPherson ML.** Common pharmacomistakes in advanced illness: Opioid conversion MISCalculations! Achieving pain relief quickly and safely! Pennsylvania Hospice and Palliative Care Network 39th Annual conference, Harrisburg, PA, May 2019.
- **McPherson ML.** Speed Dating! Quick Medication Related Tips for Palliative Care. The Colorado Society for Post-Acute and Long-Term Care Medicine and the Colorado Health Care Association/Colorado Center for Assisted Living 25th Annual Conference, Denver, Colorado, Apr. 2019.
- **McPherson ML.** Common Pharmacomistakes in advanced illnesses: Opioid conversion miscalculations! Achieving pain relief quickly and safely! The Colorado Society for Post-Acute and Long-Term Care Medicine and the Colorado Health Care Association/Colorado Center for Assisted Living 25th Annual Conference,

Denver, Colorado, Apr. 2019.

- **McPherson ML.** Pain Management: A multidisciplinary approach. The Colorado Society for Post-Acute and Long-Term Care Medicine and the Colorado Health Care Association/Colorado Center for Assisted Living 25th Annual Conference, Denver, Colorado, Apr. 2019.

JoAnne Reifsnyder, PhD, RN, FAAN (PALC 608, 609)

- Stevens, D., **Reifsnyder, J.** Leading effectively: Developing individuals to cultivate team health. Oral presentation at National Hospice and Palliative Care Organization Leadership and Advocacy Conference; Apr. 2019. Washington, DC.

Marguerite M. Russo, PhD, CRNP, FNP-BC, ACHPM (PALC 603, 617)

- **Russo, M.**, Sundaramuthi, T. (2019). An overview of cancer pain: Epidemiology and pathophysiology. *Semin Oncol Nurs*.

Donna Stevens, MHA (PALC 609)

- **Stevens, D.**, Reifsnyder, J. Leading effectively: Developing individuals to cultivate team health. Oral presentation at National Hospice and Palliative Care Organization Leadership and Advocacy Conference; Apr. 2019. Washington, DC.

Emilee Walker-Cornetta, MDiv, BCC (PALC 604)

- Hirschmann, J., **Walker-Cornetta, E.**, & S. Jelenik (2019). Spiritual Care of Transgender Persons in W. Hembree and L. Poretsky (eds.) *Transgender Medicine: A Multidisciplinary Approach*. Springer.
- Adelson, S., **Walker-Cornetta, E.**, & N. Kalish (2019). LGBT Youth, Mental Health, & Spiritual Care: Psychiatric Collaboration with Health Care Chaplains. *Journal of the American Academy of Child & Adolescent Psychiatry*. In press.

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- **Dawn Baker, MSN, RN, CCRN, CHPN** (Class of 2020) was recently promoted to Clinical Coordinator for the UM Baltimore Washington Medical Center's Palliative Care Team in addition to her role as Nurse Navigator.
 - **JoAnne Reifsnyder, PhD, RN, FAAN** (PALC 608, 609) was selected by the Department of Health and Human Services (HHS) to fill one of the HICPAC positions.



Ning Ma, CRNP, MA (Class of 2020) recently went on her honeymoon to Hawaii (the picture is from Ko Olina). She was married in Oct. at Gramercy Mansion in Maryland.



Berlin Anyone?

Dr. McPherson will be speaking and exhibiting at the **16th World Congress of the European Association for Palliative Care**.

The conference will be held at the amazing Estrel Hotel in Berlin May 23-26, 2019!

If you can't make it, Dr. McPherson has kindly offered to have a knockwurst for you!

Want to join the fun?

Get started on your [application](#) today!

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